

Alderford Suggested Programme

Day 1

: Arrive around 10:00 after journey from school.

10:15 - Site Induction, splitting into groups, Drink and biscuit

10:30- 12:15 – Group 1: Problem solving, Group 2: Canoe/ Bushcraft.

12:15 – 12:45 - own packed Lunch (Canoe/ Bushcraft group having lunch on the Island.)

12:45 -16:30 - Groups 1: Climbing/ Archery, Group 2: Canoe/ Bushcraft.

16:30 – 17:30 – Free time before evening meal. Some children to help with food prep.

17:30 – 18:30 – Evening meal and washing up.

18:30 – 20:00 – Evening activity

20:00 – 21:00 – Camp fire/ Getting ready for bedtime.

Day 2

08:00 - Breakfast

09:30- 12:30 – Groups 1: Canoe/ Bushcraft, Group 2: Climbing/ Archery.

12:30 – 13:30 –Lunch and washing up. (Canoe/ Bushcraft group having lunch on the Island.)

13:30 – 16:30 – Groups 1 & Group 2: Paddlesports Kayak/ SUP)

16:30 – 17:30 – Free time before evening meal. Some children to help with food prep.

17:30 – 18:30 – Evening meal cooking on Trangias and washing up.

18:30 – 19:30 – Camp Fire and Home.