

ACTIVITIES TO DEVELOP ATTENTION AND LISTENING SKILLS

Stage of Development: Level Four (Shifting focus independently)

What to expect:

At level four, a child is able to shift their focus from one activity to another without the help from the adult.

Aim of Activity:

To encourage your child to carry out an activity and listen to an instruction at the same time.

Things you might need:

Music, chairs/space, stories, everyday objects, shopping toys, bag and doll's clothes.

Activities to try:

- Musical chairs / bumps / actions (e.g. your child jumps when they hear the sound of a drum).
- "We went to market and bought...."
- Packing a bag for doll as you say what to pack.



Stage of Development: Level Five (Two-channelled attention)

What to expect:

At level five, the child's attention is now two-channelled. The child is now able to 'listen and do' at the same time. At this stage their concentration span is short but they can work in a small group.

Aims of Activity:

- To increase your child's concentration span.
- To help transfer their skills to larger group situations (e.g. classroom).

Things you might need:

Rhymes, tabletop games, puppets, musical instruments, sound to picture lotto games.

Activities to try:

- "Simon says...." Game.
- Identifying an item by the sound/noise(s) it makes.
- Draw a man barrier game.
- THE KEY WHEN CARRYING OUT THESE GAMES IS TO HAVE A SMALL GROUP OF CHILDREN BUILDING UP...

